

My time at West Notts College in health and social care

During my time at West Notts I studied health and social care. During this time I worked on seven different assignments with four different teachers. I always made sure that I was up-to-date with my work and I was reassured by the different teachers that if I needed help they would always be there for me.

My favourite memory about this year was meeting new friends. Coming to a college that seemed so big and not knowing anyone was quite scary but I eventually came out of my shell and spoke to more people.

My biggest achievement this year has to be my confidence levels. I went from being so shy and hardly speaking because I'd worry what I said was wrong, to not being able to shut me up! I've also become confident in myself as a person but wouldn't have been able to do that without the help of the friends I made and the true support from my teachers.

My favourite assignments out of them all has to be infection control and life stages because I feel like I really understood these topics and doing presentations and having to perform them also boosted my confidence. The thing I enjoyed the most in health and social care would also have to be my work placement. I made close bonds with the people that I worked with and it was such a shame that I couldn't finish my time there.

Coming to study at West Notts College was a good experience and I'm so glad I chose to go there. College was never easy for me as I had a lot of hospital appointments but the teachers were always there to help me if I needed extra support.